

EVERGREEN ISLAND ORGANIC AND WHOLE FOOD ENTREES

PASTA SELECTIONS:

(GLUTEN FREE AVAILABLE AT ADDITIONAL CHARGE)

| <u>WHOLE GRAIN PENNE PASTA WITH:</u> | <u>½ TRAY</u> | <u>FULL</u> |
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| POMODORO SAUCE: CHUNKY TOMATO AND FRESH BASIL | \$40 | \$70 |
| PUTTANESCA SAUCE: CHOPPED OLIVES, CAPERS AND CHUNKY TOMATO SAUCE | \$40 | \$70 |
| BROCCOLI WITH FRESH HERBS, GARLIC AND OIL | \$40 | \$70 |
| BALSAMIC GRILLED ZUCCHINI, EGGPLANT, ROASTED RED PEPPER & OLIVE OIL | \$45 | \$75 |
| PARMESAN, SUNDRIED TOMATO AND ARTICHOKE HEARTS | \$45 | \$75 |
| CILANTRO, BLACK BEANS, TOMATO, & CORN w/ GARLIC & OLIVE OIL | \$45 | \$75 |
| BROCCOLI RABE WITH GARLIC AND OLIVE OIL | \$50 | \$75 |
| VEGAN ALFREDO SAUCE: MADE WITH ALMOND MILK AND VEGAN PARMESAN | \$50 | \$80 |

ORGANIC FREE RANGE CHICKEN:

ROSEMARY AND BASIL HERB ROASTED CHICKEN
 MESQUITE SMOKED BBQ CHICKEN
 ISLAND SPICED JAMAICAN JERK CHICKEN
 KENTUCKY BOURBON GLAZED CHICKEN
 QUINOA BATTERED AND DEEP FRIED CHICKEN
 MOROCCAN CURRY SPICED CHICKEN
 THAI BASIL CHILI GLAZED CHICKEN
 ORANGE SESAME TERIYAKI GLAZED CHICKEN
 BUFFALO STYLE CAYENNE PEPPER SEASONED CHICKEN

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| <i>WHOLE CHICKENS CUT INTO QUARTERS:</i> | \$50 | \$80 |
| <i>GRILLED BONELESS CHICKEN CUTLETS:</i> | \$55 | \$85 |
| <i>GRILLED CHICKEN KABOBS WITH SEASONED VEGETABLES</i> | \$55 | \$85 |
| <i>GRILLED TURKEY BREAST CUTLETS:</i> | \$55 | \$85 |

SMOKED & GRILLED WHOLE WINGS:

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| HICKORY SMOKED, BASTED IN YOUR FAVORITE SAUCE & CHAR GRILLED | \$50 | \$80 |
| <u>GRILLED NAKED WINGS:</u> | | |
| BONELESS CHICKEN TENDERS BASTED IN YOUR FAVORITE SAUCE AND CHAR GRILLED | \$50 | \$80 |

SEAFOOD:

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| POMEGRANATE JALAPENO GLAZED WILD CAUGHT SALMON w/ WILD RICE | \$60 | \$90 |
| MOROCCAN SPICED SALMON w/ ROASTED VEGETABLE COUSCOUS | \$65 | \$95 |
| JAMAICAN JERK AHI TUNA w/ MANGO PEACH QUINOA AND WILD RICE | \$65 | \$95 |
| CHIPOTLE AGAVE GLAZED GRILLED MAHI MAHI w/ BLACK BEAN QUINOA PILAF | \$65 | \$95 |
| LEMON HERB TILAPIA SCAMPI w/ BROWN RICE AND FARRO | \$60 | \$90 |

GRASS FED FREE RANGE BEEF:

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| GRILLED TERIYAKI STEAK KABOBS w/ SEASONED VEGETABLES | \$60 | \$90 |
| TENDERLOIN BEEF TIPS AND SLICED PORTABELLA w/ MERLOT REDUCTION | \$80 | \$120 |
| SLICED GRILLED SKIRT STEAK w/ SAUTÉED SHITAKE MUSHROOMS & SHALLOTS | \$80 | \$120 |
| SLICED YANKEE POT ROASTED EYE ROUND OF BEEF w/ HOMESTYLE GRAVY | \$70 | \$110 |